

RACIAL INJUSTICE – what to discuss with kids

In moments of crisis and conflict, we often wonder, What can I do and How do we talk about this? We wanted to give you some tools to help you talk through the recent incidents of racial injustice.

How Do We Talk About This?

With Our Children

- How would you describe the recent incidents of violence and anger toward people of color?
- Why do you think this is happening?
- Who do you know that has a different skin color than you?
- What can you do to be a good friend to them?
- How else can you help make a difference?

For Your Family

[How to Talk to Kids About Racism: An Age-by-Age Guide](#) by Alex Mlynek

[Four Questions to Ask Yourself Before Talking to Your Kids About Racism](#) by

Parent Cue

[How to Talk to Kids About Race: Books and Resources That Can Help](#) by Olugbemisola

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